

4 Signs a loved one may need in-home care

Are you noticing a change in your loved one's needs?

In-home care is a popular choice as it provides support while a loved one can still maintain independence and stay in an environment that makes them comfortable. Here are some questions to ask when considering if a loved one needs in-home care:

1



Are you noticing their home may be a little more disorganized, dusty, or dishes being piled up more often?

2



Are you noticing a change in hygiene or clothing cleanliness?

3



Are your loved ones making comments about increased difficulties getting out of the house, making meals, or running errands?

4



Is your loved one falling more or appearing more unsteady on their feet?

A Care Coach can help you navigate in-home care, which may be the next step in getting the care needed for your loved one.

Cariloop is your caregiver support benefit provided at no cost by your employer. To connect with a Care Coach visit your employer's landing page. Email: helpme@cariloop.com Call: 972-325-5836

